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1

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2

Click this checkbox.

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<input type="checkbox"/>	No.	Submission type	Academic Year	Cycle	Submission No.	Similarity Score	Date Submitted	Current
<input checked="" type="checkbox"/>		Doctor of Philosophy thesis	2024	Main academic cycle	PHD24020950	14	19-Aug-2024 16:43	Write subm

3 Click the "Add" button.

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Thesis Title(12 words)

FATIGUE MITIGATING EFFECT ON KICKING PERFORMANCE OF SOCCER PLAYERS DURING PENALTY SHOOTOUT

Thesis Abstract(325 words)

The purpose of this study was to examine the effects of fatigue on soccer players' Kicking Performance (KP) during penalty shootouts after 120 minutes of intensive soccer matches using General Fatigue (GF), Physical Fatigue, Reduced Activity, Reduced Motivation, and Mental Fatigue (MF) as proxies for

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Thesis Title(11 words)

FATIGUE MITIGATING EFFECT ON KICKING PERFORMANCE OF SOCCER PLAYERS DURING PENALTY SHOOTOUT

Thesis Abstract(301 words)

= .716, $\eta^2 = .044$. It was determined that extreme fatigue affects KP in penalty shootouts after 120 minutes of playing soccer. The substitutes who came into the game 30 minutes till the 120th minute also had a better KP. It was also concluded that good and periodic supplementation is important to remedy the effects of General fatigue, mental fatigue, and overall fatigue to maintain the kicking performance of soccer players. However, the extreme fatigue did not affect the 2 penalty-shooting strategies i.e. KD and KI players with or without the interventions.

Keywords(Min 3 separated by semicolons)(0 words)

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ON KICKING PERFORMANCE
PENALTY SHOOTOUT

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<input type="checkbox"/>	2	Doctor of Philosophy thesis	2024	Main academic cycle	PHD24020950	14	19-Aug-2024 16:43

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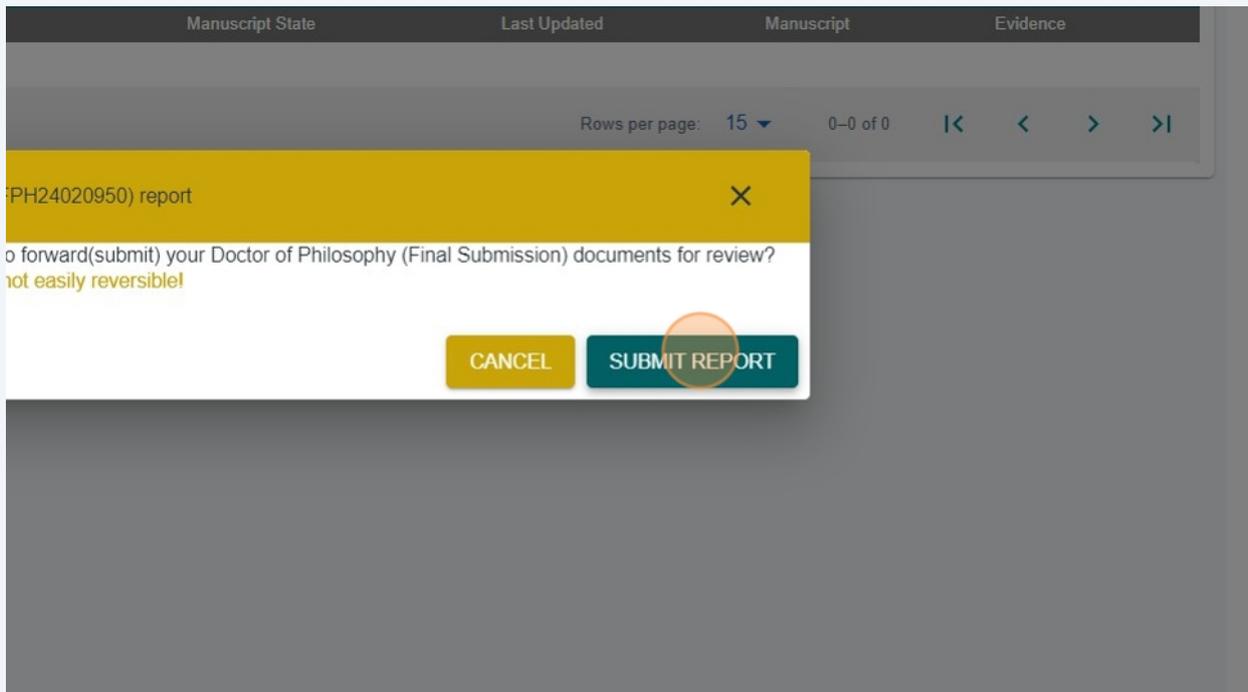
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13 Click "SUBMIT REPORT"



14 For a successful submission, ensure that your current state is "Internal examiner notified"

